

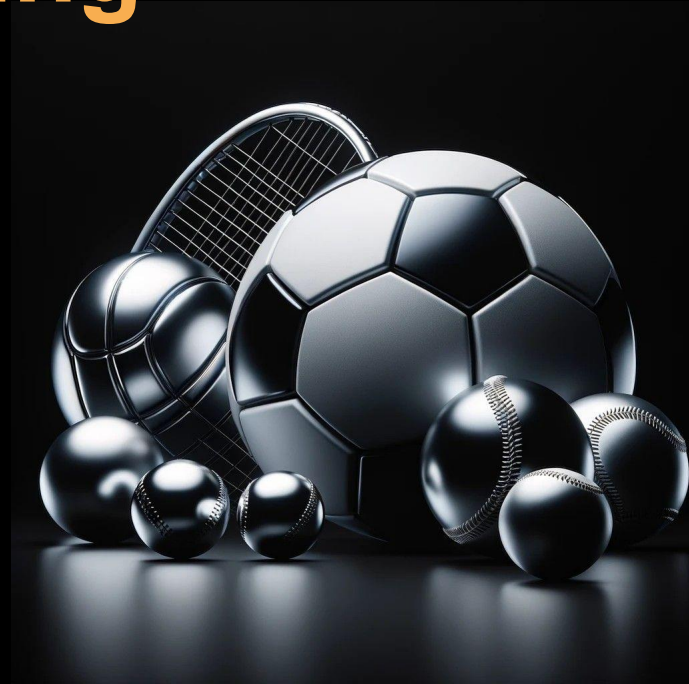
Parks Junior High School

Parent Meeting



PERFORMANCE
ACADEMY

Sports Program



Performance Academy

Parks Junior High School

- Welcome and Introduction - Dr. Pletka and Dr. Brown
- Parks JHS Information - Robin Mundschau and Jenna Breite
- Rolling Hills School Information - Lindy McNutt
- Closing - Dr. Pletka
- Meet our Collaborator - Delta Sports Academy
- Q & A

GETTING THE BEST OF BOTH WORLDS



**FSD Giving Families
Access to High Quality
Academics and Sports**

FSD Performance Academy to Give Access to Advanced Athletic and Elite Dance Academies

FSD to Offer a Customized School Schedule for Students

To access in person school at Parks JHS and Rolling Hills

To access training that starts before school ends (e.g 1:30 to 3:30)

To compete in State and National Tournaments

To connect with coaches at Universities



New FSD Performance Academy to Access Athletic and Dance Academies



Students Join New FSD Performance Academy Program to Access Athletic & Dance Academies

- Choice of Sports for boys and girls in grades 6-8
- Choice to select ANY Athletic/Dance Academy or similar training
- Partner with Delta Sports for an Onsite Drop off and Pick up FSD Option
- Initial Schools - Rolling Hills and Parks JHS with potential expansion
- Begin in 2024/2025 School Year
- Transportation from Rolling Hills to Parks JHS for Athletic Academy with Delta Sports
- Schedule: Parks JHS is 5 periods in person, at school, 2 periods Performance Academy specific / Rolling Hills 9:00am to 1:00pm (combo of in person + PE Independent Study)

*Currently you will need to arrange for transportation to other academies but possible transportation coordination in future

Must meet the following five criteria:

- Must engage participants for a minimum 90 minutes at least four days a week (weekend events not included), in physical activity, support personal growth, and promote healthy living and physical activity as lifelong goals and follow the state's content standards in physical education. Total hours during the week must be at least 7.5 hours a week.
- Must be a structured sports/dance academy program taught by specialized individuals responsible for supervising, documenting, and verifying student participation, progress, and performance.
- Must begin sport training/conditioning at least one period before the end of the school day.
- Must agree to enter Performance Academy ISPE Agreement including goal setting and attendance tracking.
- Must be an advanced athlete with national ranking.



FSD ISPE vs. Performance Academy



Current ISPE Program

Students participate in ISPE for a shortened 6-period day. (No PE period.) Or stay on campus for a study hall period to complete homework.

Sport can start any time (does not have to start before school ends)

Similarities

Students must be an advanced athlete participating in an advanced level sports

Must Fill out an Independent Study PE Contract and Log

Similarities and Differences



New Performance Academy

Students engage in a specialized athletic program, adopting a 5-period in person school day.

PE and one elective are done as Independent Study PE.

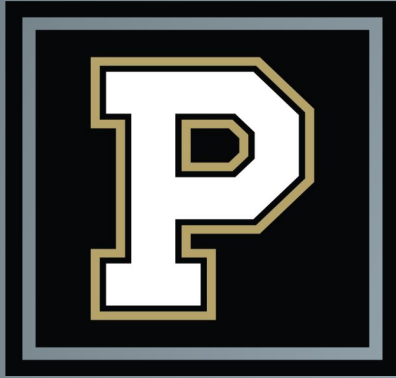
Sport or Academy must start before end of school

Similarities

Students must be an advanced athlete participating in an advanced level sports

Must Fill out an Independent Study PE Contract and Log

Meeting the Needs of Student Athletes



FULLERTON SCHOOL DISTRICT
PARKS
JUNIOR HIGH

- 7th and 8th grade junior high
- Comprehensive in person junior high program
- Customizable approach to education and whole child learning
- Staffed by full time, highly qualified, credentialed teachers
- Flexibility in schedule for extracurricular activity

Mrs. Mundschau

Three Things About Me

I Love Poodles

Starbucks Green Iced Tea is Yummy

I love Reese's Holiday Shapes but not Peanut Butter Cups



Hobbies

Hiking w/ my dogs & taking my kids to mariachi concerts

Dream Job

When I was a kid I wanted to be a criminal investigator but met an amazing teacher who inspired me to go into education



Mrs. Breite

Three Things About Me

I love being outside.

I enjoy sports!

Favorite food is sushi 🍣 🍣

Hobbies

Playing basketball and ice hockey

Kayaking at the beach

Dream Job

When I was a kid I wanted to be an athletic trainer.



Bell Schedule at a Glance



PARKS
JUNIOR HIGH

PARKS JUNIOR HIGH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HR/1st Period 8:00 - 8:48	HR/1st Period 8:00 - 8:54	HR/1st Period 8:00 - 8:40	HR/1st Period 8:00 - 8:54	HR/1st Period 8:00 - 8:48
2nd Period 8:52 - 9:35	2nd Period 8:58 - 9:46	2nd Period 8:44 - 9:20	2nd Period 8:58 - 9:46	2nd Period 8:52 - 9:35
NUTRITION 9:35 - 9:45	NUTRITION 9:46 - 9:56	ADVISORY 9:24 - 9:56	NUTRITION 9:46 - 9:56	NUTRITION 9:35 - 9:45
3rd Period 9:49 - 10:32	3rd Period 10:00 - 10:48	NUTRITION 9:56 - 10:06	3rd Period 10:00 - 10:48	3rd Period 9:49 - 10:32
4th Period 10:36 - 11:19	4th Period 10:52 - 11:40	3rd Period 10:10 - 10:46	4th Period 10:52 - 11:40	4th Period 10:36 - 11:19
LUNCH - GROUP A 11:19 - 11:54	LUNCH - GROUP A 11:40 - 12:15	4th Period 10:50 - 11:26	LUNCH - GROUP A 11:40 - 12:15	LUNCH - GROUP A 11:19 - 11:54
5th Period - GROUP B 11:23 - 12:06	5th Period - GROUP B 11:44 - 12:32	LUNCH - GROUP A 11:26 - 12:01	5th Period - GROUP B 11:44 - 12:32	5th Period - GROUP B 11:23 - 12:06
5th Period - GROUP A 11:58 - 12:41	5th Period - GROUP A 12:19 - 1:07	5th Period - GROUP B 11:30 - 12:06	5th Period - GROUP A 12:19 - 1:07	5th Period - GROUP A 11:58 - 12:41
LUNCH - GROUP B 12:06 - 12:41	LUNCH - GROUP B 12:32 - 1:07	5th Period - GROUP A 12:05 - 12:41	LUNCH - GROUP B 12:32 - 1:07	LUNCH - GROUP B 12:06 - 12:41
Performance Academy Dismissal at 12:41	Performance Academy Dismissal at 1:07	LUNCH - GROUP B 12:06 - 12:41	Performance Academy Dismissal at 1:07	Performance Academy Dismissal at 12:41
		Performance Academy Dismissal at 12:41		

Core Course Offerings:

In Person Attendance:

1. **English** - ELA 7th/8th, ELA Honors 7th/8th, Lang. & Comp. 7th/8th
2. **History** - History 7th/8th, History Honors 7th/8th
3. **Science** - Science 7th/8th, Science Honors 7th/8th, Biology
4. **Math** - Math 7, Math 7 Honors, Math 8, Algebra, Geometry
5. **Elective** (1 year long or 2 Semester long - listed on next slide)

Performance Academy Students Take as Period 6 and 7:

ISPE- (Independent Study PE)

Independent Study Physical Conditioning- Elective

**Honors & Advanced Placement based on district standards/placement tests. For students not currently enrolled in an FSD School, Placement Tests will be available the first week of school.

Meeting the Needs of Student Athletes



- TK - 6th Grade in-person elementary school
- 1st-6th Grade virtual learning school
- K-8th grade homeschool program
- Staffed by full time, highly qualified, credentialed teachers
- Access to core curriculum while on a modified day



Mrs. McNutt

Three Things About Me

I love the beach!

I love my dog!

I love musicals!

Hobbies

Being a dance and baseball mom

Cricut and reading

Dream Job

When I was growing up, I always said I wanted to be a lawyer...I even got in to law school. Then I realized my heart was in education.



Rolling Hills - Our Approach



As proud Rolling Hills Roadrunners, we are a collaborative community of learners. Our school thrives on a rigorous, *arts-infused curriculum* that not only fosters critical thinking and creativity but also makes learning relevant and impactful for each child. We aim to inspire joy and purpose in every child's educational journey while molding future leaders and innovators who cherish collaboration, critical thinking, and artistic expression.





Rolling Hills School - Bell Schedule

1 st – 6 th Grades M, T, Th, F	
9:00	School Begins
10:00-10:15	Primary Recess
10:20-10:35	Upper-Grade Recess
11:50-12:30	Primary Lunch
12:40-1:00	Upper Meal Time
1:00	Performance Academy Dismissal
1:00-1:20	Upper Recess
2:30-2:45	Primary Recess
3:30	Dismissal

1 st – 6 th Grades, Wednesday/Conference Weeks	
9:00	School Begins
10:00-10:15	Primary Recess
10:20-10:35	Upper-Grade Recess
11:50-12:20	Lunch 1
12:25-12:55	Lunch 2
1:00	Performance Academy Dismissal
1:30	Dismissal

Daily Plan:



In-Person Core Instruction at Rolling Hills (9 am - 1 pm)

- ELA,
- Math
- Science
- Social Studies

Offsite Performance Academy at Parks JHS or Other Approved Academy

- Independent Study PE
- Enrichment

What's Next

- Step 1: Complete the Application.
- Step 2: Provide **confirmation of acceptance** to an approved academy** (Email to Suptoffice@myfsd.org)
- Step 3: You will receive an email letter of acceptance into the FSD Performance Academy

*****Families must work with their approved sports academy or equivalent training to complete their desired paperwork and requirements***



PERFORMANCE
ACADEMY
Sports Program



What's Next

- Step 4: Inter- and Intra- District Transfers must be approved before registration. Work with home school/district to obtain Release Transfer (more information will be provided in your acceptance letter)
- Step 5: FSD Registration forms/link will be included with the letter of acceptance.
- Step 6: Online Registration must be completed by **June 22, 2024**



PERFORMANCE
ACADEMY

Sports Program



Approved FSD Performance Academy Providers

- Delta Sports Group (Scholarships Available)
- FAST (Fullerton Aquatic Sports Team)
- KPOP Academy
- Mather Dance
- Proacademy
- ProPlay
- Redline Athletics
- ZT Prospects Academy



PERFORMANCE
ACADEMY
Sports Program



Contact Us



**PERFORMANCE
ACADEMY**

Sports Program



<https://www.fullertonsd.org/PerformanceAcademy>

714-447-7405

suptoffice@myfsd.org



FULLERTON SCHOOL DISTRICT

**PARKS
JUNIOR HIGH**

<https://www.fullertonsd.org/Parks>

714-447-7785



<https://www.fullertonsd.org/Rolling>

714-447-7795



PERFORMANCE ACADEMY

Sports Program



Questions?